



BOYS AND GIRLS CLUB OF TRUCKEE MEADOWS

ELC FACILITIES

LUNCH MENU

AUGUST 2023



	1	2	3	4
	Hamburgers	Chicken Alfredo	Chicken Nuggets	Corn Dogs/Salsibury
	Carrots	Salad	Corn & Edamame	Potato Salad
	Peaches	Pineapple	Apple Sauce	Apple Slices
	Milk	Milk	Milk	Milk
	Cottage Chz / Grhm Crkrs	Mango / Animal Crkrs	Apples / Yogurt	Chef Choice
7	8	9	10	11
Chicken Tikka Masala	Quesadilla	Lasagna Mac	Burrito	Turkey & Cheese
Mixed Vegetable/Rice	Street Corn/BlkBeans	Salad	Onion Rings	Fresh Veg/Crackers
Pears	Mixed Fruit	Peaches	Pineapple	Apple Slices
Milk	Milk	Milk	Milk	Milk
Bananas / Grhm Crkrs	Apples / String Chz	Yogurt / Granola	Cucumbers / Milk / Ranch	Chef Choice
14	15	16	17	18
Chicken Salad/Crkr	Scrambled Eggs	Taco Mac	Hot Dogs/Meatloaf	Pizza
Bean Salad	Hashbrowns/Chx Mix	Mex Salad	Potato Wedges	Cucumbers/Broc Slaw
Apple Sauce	Mandarin Oranges	Mango	Mixed Fruit	Apple Slices
Milk	Milk	Milk	Milk	Milk
String Chz / Grhm Crkrs	100% Juice / Ritz Crkrs	Carrots/ Milk / Ranch	Oranges / Cubed Chz	Chef Choice
21	22	23	24	25
Chicken Chile Verde	Chicken Tenders	Mac & Cheese	Riblet/Breadstick	Egg Salad & Crackers
Beans/Corn - Rice	Carrot Sticks	Salad	Mashed Potatoes	Fresh Vegetable
Pineapple	Apple Sauce	Mandarin Oranges	Pears	Apple Slices
Milk	Milk	Milk	Milk	Milk
Turkey / Pita	100% Juice / Pretzels	Apples / Grhm Crkrs	Oranges / RitzBitz Crkrs	Chef Choice
28	29	30	31	
Sweet/Sour Chicken	Chicken Tenders	Stroganoff	Kielbasa/Cornbread	
Broccoli	Mashed Potatoes	Salad	Baked Beans	
Peaches	Pineapple	Apple Sauce	Mandarin Oranges	
Milk	Milk	Milk	Milk	
Applesauce / Granola	Apples / String Chz	Banana / Yogurt	Pretzels / WOWbutter	
= SNACK	Menu subject to change without notice. The Boys and Girls Club of Truckee Meadows is an Equal Opportunity Provider			