



Boys and Girls Club of Truckee Meadows

E. L. Wiegand Facilities

Lunch Menu
February 2017



		1	2	3
		Meatloaf/Gravy/Roll	Pasta w/Meat Sauce	Popcorn Chicken
		Mashed Potatoes	Salad / Mix Veg *****	Mixed Vegetables
		Mixed Fruit	Peaches	Applesauce *****
		Milk	Milk	Milk
6	7	8	9	10
Meatballs	Chicken Nuggets	Sloppy Joes	Beef Stew *****	Cheese Quesadilla
Carrots/Broccoli	Mixed Vegetables	Cole Slaw	Crackers	Stewed Pinto Beans
Applesauce	Peaches *****	Pears	Mixed Fruit	Peaches
Roll				
Milk	Milk	Milk	Milk	Milk
13	14 Valentines Day	15	16	17
Bean & Cheese Burrito	Chili	Mac & Cheese	Chicken or Beef	Chicken Sandwich
Peas & Carrots	Green Beans	Salad / Mix Veg *****	Stir Fry	Carrots & Celery
Peaches *****	Applesauce	Apricots *****	Pears	Mixed Fruit
	Rice		Rice	
Milk	Milk	Milk	Milk	Milk
20 BREAK	21	22	23	24
Chicken & Rice/Beans	Grilled Cheese Sandwich	Beef Stroganoff	Chicken Tenders	Pizza
Broccoli & Cauliflower	Mixed Veg	Salad / Mix Veg *****	Grn Beans & Edamame ****	Cole Slaw
Peaches	Apricots *****	Applesauce	Peaches *****	Pears
Milk	Milk	Milk	Milk	Milk
27	28			
Meatballs / Roll *****	Hamburger w/ Bun			
Mixed Vegetables	Carrot Sticks			
Mixed Fruit	Peaches			
Milk	Milk			

**** Wiegand Entree Substitution.
Menu subject to change without notice.

The Boys and Girls Club of Truckee Meadows is an Equal Opportunity Provider.