


Boys and Girls Club of Truckee Meadows William N. Pennington & E. L. Wiegand Facilities

Breakfast Menu

October 2016



3	BREAK	4	BREAK	5	BREAK	6	BREAK	7	BREAK
	French Toast		Cold Cereal		Pancake Dogs		Cold Cereal		Biscuit
	Pineapple Tidbits		Mandarin Oranges		Pears		Fruit Cocktail		Applesauce
	Milk		Milk		Milk		Milk		Milk
10		11		12		13		14	
	Waffles		Cereal		Oatmeal		Cereal		Egg/Sausage McMuffin
	Mandarin Oranges		Pears		Pineapple		Apple Sauce		Peaches
	Milk		Milk		Milk		Milk		Milk
17		18		19		20		21	
	Pancake		Cold Cereal		Scone		Cold Cereal		Bagel
	Pears		Peaches		Mandarin Oranges		Pineapple Tidbits		Mandarin Oranges
	Milk		Milk		Milk		Milk		Milk
24		25		26		27		28	
	French Toast		Cold Cereal		Pancake Dogs		Cold Cereal		
	Peaches		Applesauce		Pears		Mandarin Oranges		
	Milk		Milk		Milk		Milk		NEVADA DAY
31									
	Pancake								
	Applesauce								
	Milk								

Menu subject to change without notice.

The Boys and Girls Club of Truckee Meadows is an Equal Opportunity Provider




Boys and Girls Club of Truckee Meadows William N. Pennington & E. L. Wiegand Facilities

Lunch / Dinner Menu

October 2016



3	4	5	6	7
BREAK	BREAK	BREAK	BREAK	BREAK
Chicken & Rice	Grilled Cheese Sandwich	Beef Stroganoff	Baked Chicken	Pizza
Broccoli/Cauliflower	Mixed Veg	Salad	Corn	Cole Slaw
Apple Sauce	Peaches	Pineapple	Peaches	Orange Wedges
Milk	Milk	Milk	Milk	Milk
Snack: Apple	Snack: Granola Bar	Snack: Chips	Snack: String Cheese	Snack: Granola Bar
10	11	12	13	14
Corn Dog	Hamburger w/ Bun	Tacos	Chicken Nuggets	Lasagna Mac
*** Meatballs /sauce/ Roll	French Fries	Carrots	Corn	Salad
Mixed Vegetables	Peaches	Fruit Cocktail	Pears	Mandarin Oranges
Pears				
Milk	Milk	Milk	Milk	Milk
17	18	19	20	21
Chicken Enchilada	Mac & Cheese	Salisbury Steak/Gravy/Roll	Pasta w/Meat Sauce	Pork Riblette w/ Bun
Chuck Wagon Corn	Salad	Mashed Potatoes	Salad	Mixed Vegetables
Pineapple	Peaches	Applesauce	Fruit Cocktail	Pears
Milk	Milk	Milk	Milk	Milk
24	25	26	27	28
Meatballs w/Roll	Chicken Nuggets	Uncrustables	Beef Hot Dog	CLOSED
Carrots	Corn	***Ham n Chz Croissants	***Chicken Tenders	
Peaches	Fruit Cocktail	Carroteenies	French Fries	
		Fruit	Apple Sauce	
Milk	Milk	Milk	Milk	NEVADA DAY
31				
Beef & Cheese Burrito				
Peas & Carrots				
Pineapple Tidbits				
Milk				

***** **Wiegand Entree Substitution.**
Menu subject to change without notice.

The Boys and Girls Club of Truckee Meadows is an Equal Opportunity Provider.