



Safe Infant Sleep Policy

(Please keep for your records)

Sleep Position

- Infant Room Staff will assure that infants who have not reached 18 months are always placed on their backs for sleep.
- Infants who are easily able to turn from front to back and back to front, will be placed on their backs for sleep, but may then choose their own sleeping position (usually age six months or later).
- Positioning devices that restrict the infant's movement in the crib will not be used.

Sleeping Environment

In our program, all infants will sleep in a crib. Car seats, swings, and infant seats, etc. are not designed for safe sleeping.

- Our cribs meet Nevada Department of Social Services, Community Care Licensing Division rules. The Infant Room Staff will complete a safety check of cribs each week to assure that each crib frame:
 - feels solid and mattress supports are secure;
 - has no loose, missing, or broken hardware (nuts, bolts, screws);
 - has no cracked or peeling paint;
 - has no splinters or rough edges;
 - Drop side latches are working properly and that latches securely hold the sides when raised; and
- Has a mattress that fits snugly in the crib frame and is covered with a tightly fitted sheet.
- Cribs do not contain bumper pads, pillows, soft toys, fleece cushions or thick blankets.
- Our program places infants in sleep sacks only. No blankets are allowed.
- No items are strung from one side of the crib to the other.

