



Boys and Girls Club of Truckee Meadows

E. L. Wiegand Facilities

Lunch Menu
May 2017



1	2	3	4	5
Chicken & Rice/Beans	Grilled Cheese Sandwich	Beef Stroganoff	Baked Chicken	Chicken Parmesan
Broccoli & Cauliflower	Mixed Veg	Salad *****	GreenBeans & Edamame*	Cole Slaw *****
Peaches	Apricots *****	Applesauce	Applesauce *****	Pears
Milk	Milk	Milk	Milk	Milk
8	9	10	11	12
Turkey Pot Pie *****	Hamburger w/ Bun	Tacos	Chicken Nuggets	Pizza
Mixed Vegetables	Carrot Sticks	GreenBeans & Edamame*	Stewed Pinto Beans	Salad *****
Mixed Fruit	Peaches	Apricots *****	Applesauce	Peaches *****
Goldfish Crackers				
Milk	Milk	Milk	Milk	Milk
15	16	17	18	19
Enchilada Bake	Mac & Cheese	Meatloaf/Gravy/Roll	Popcorn Chicken	Pasta w/Meat Sauce
Mixed Vegetable *****	Salad *****	Mashed Potatoes	Mixed Vegetables	Salad *****
Pears	Mixed Fruit	Peaches	Mixed Fruit *****	Applesauce
Milk	Milk	Milk	Milk	Milk
22	23	24	25	26
Meatballs / Roll	Chicken Nuggets/Tenders	Sloppy Joes	Beef Stew *****	Cheese Quesadilla
Carrots/Broccoli	Mixed Vegetable *****	Cole Slaw *****	Goldfish Crackers	Stewed Pinto Beans
Applesauce	Apricots *****	Pear	Mixed Fruit	Peach
Milk	Milk	Milk	Milk	Milk
29	30	31		
Bean & Cheese Burrito	Chili / Rice	Pizza		
Peas & Carrots	Green Beans	Salad *****		
Mixed Fruit *****	Applesauce	Apricots *****		
Milk	Milk	Milk		



***** Wiegand Substitution.

Menu subject to change without notice.

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Breakfast Menu

May 2017



1	2	3	4	5
Waffles	Cereal	Eggs & Ham	Star Wars Day Cereal	Muffin
Chicken Sausage		Granola		Applesauce ****
Mixed Fruit		Apricots ****		
8	9	10	11	12
French Toast	Cereal	Oatmeal	Cereal	Bagel
Bacon		Peaches		Hashbrown
Pears				Applesauce
Milk	Milk	Milk	Milk	Milk
15	16	17	18	19
Pancake	Cold Cereal	Breakfast Pastry	Cold Cereal	Yogurt
Sausage		Mixed Fruit		Granola
Peaches****				Mixed Fruit ****
Milk	Milk	Milk	Milk	Milk
22	23	24	25	26
French Toast	Cold Cereal	Egg/Ham Sandwich	Cold Cereal	Biscuit
Bacon		Apricots ****		Breakfast Medly
Applesauce ****				Mixed Fruit
Milk	Milk	Milk	Milk	Milk
29	30	31		
Pancake	Cold Cereal	Breakfast Burrito		
Sausage		Applesauce		
Peach				
Milk	Milk	Milk		



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